

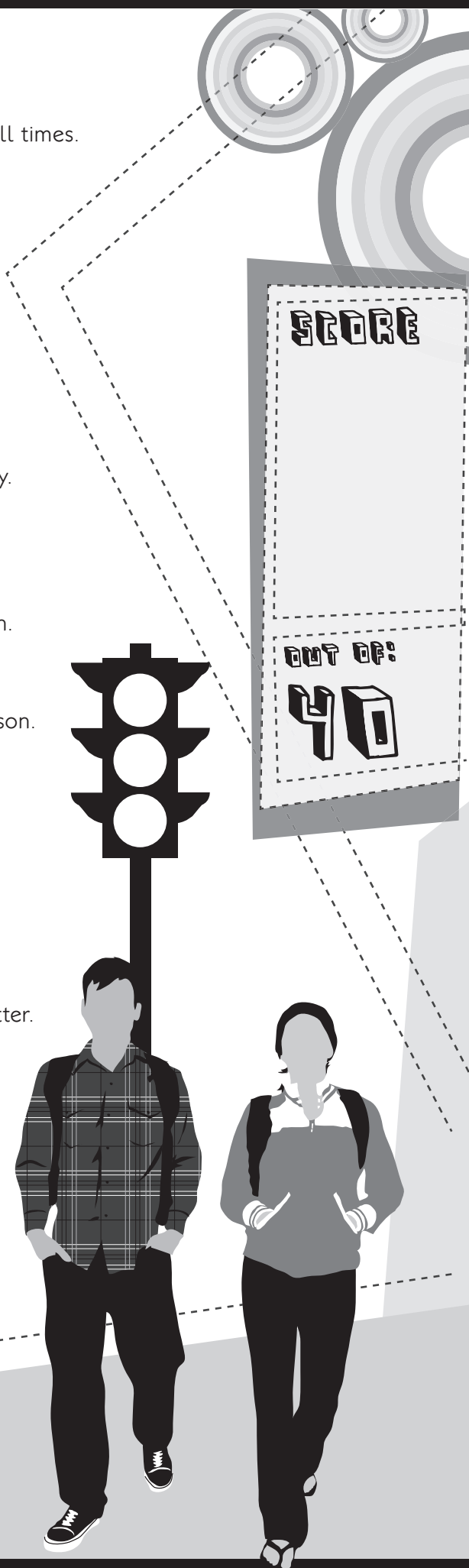
Leading Yourself Worksheet 1

Instructions: Circle those statements that describe you most of the time:



1. I am able to take care of my own property and don't often lose things.
2. I am often able to make decisions, independent of what others think of me.
3. I speak respectfully to authority even if I don't agree with them.
4. I exercise self-control.
5. I complete my homework without being reminded.
6. I have a strong sense of right and wrong.
7. I have a few people whom I trust that I go to for advice.
8. I can take correction maturely.
9. I am not afraid of what others think of me.
10. I consider other people's feelings before I speak.
11. I am excited about my future.
12. I know when I am getting overtired and take some time to rest.
13. I manage money thoughtfully.
14. I avoid arguments.
15. Others come to me for advice.
16. I enjoy new challenges.
17. I consider myself an independent person.
18. I am always enthusiastic.
19. I can cook a meal for myself when I need to.
20. I listen to the advice of others, and weigh it carefully, even if it differs from my own ideas.

21. I care about my appearance and present myself well at all times.
22. I am reliable.
23. I do what I say I will do.
24. I rarely forget important dates or times.
25. My parents would say I am responsible.
26. My teachers would say I am responsible.
27. I take the initiative to get the job done.
28. If I was given \$2 000, I would use it to make more money.
29. I already have career plans.
30. If things don't go my own way, I don't sulk about them.
31. I can solve everyday problems without excessive emotion.
32. I enjoy learning.
33. I smile often and people consider me to be a happy person.
34. I feel like my life has purpose and meaning.
35. I get up in the morning on time.
36. I hate being late.
37. It is important to me that I finish what I start.
38. I am a confident person.
39. People look to me for new ideas or my opinion on a matter.
40. People enjoy my company.



Leading Yourself Home Journal 1

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SCORE

OUT OF:

40

